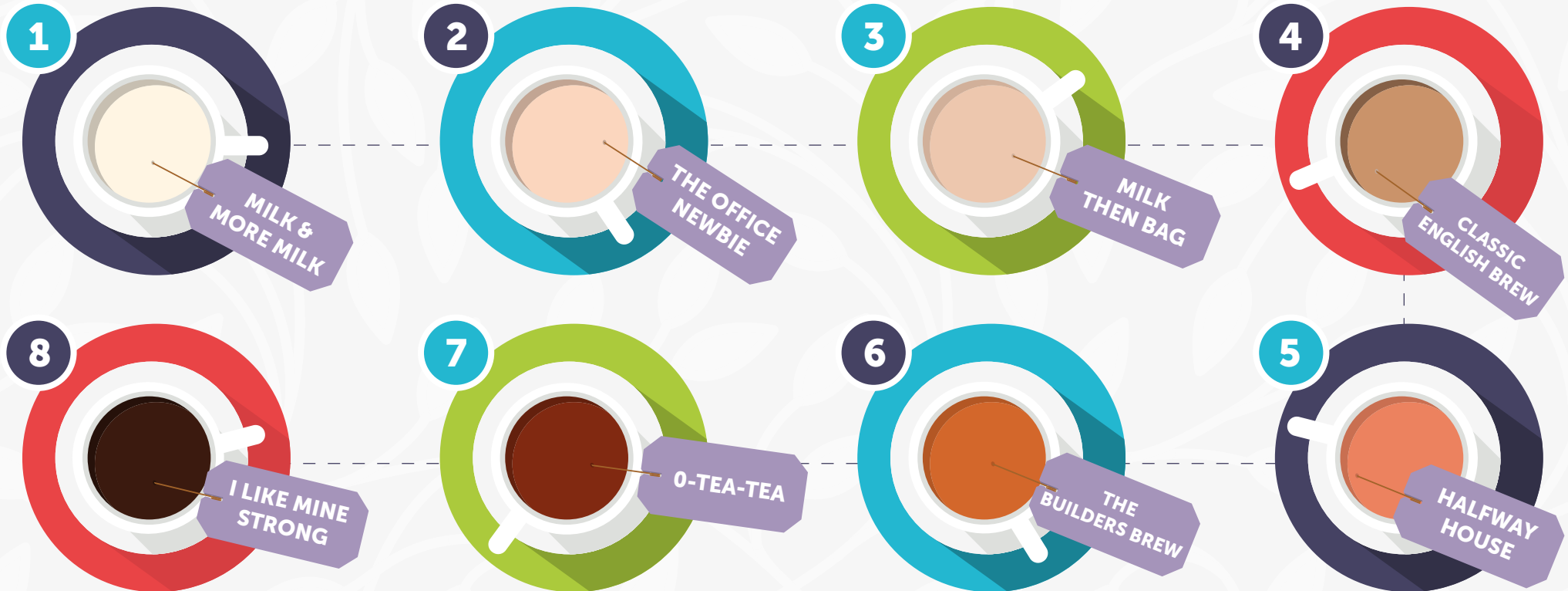


# The OFFICETEAM Chart

How do you take your brew?



## SOME FUN FACTS!

1. Have you ever wondered why tea leaves brown stains on the cup and coffee doesn't? Well, this is because tea contains **tannin** which gives it its brown colour.

2. Tea without milk is a great home remedy for pink eye! The **tannic acid** (tannin) helps **reduce itching and inflammation**. Also, the bioflavonoids presented in this type of tea combat viral and bacterial infections.

3. Tea leaves contain **more caffeine than coffee beans** before they are brewed. However, after brewing, the concentration of caffeine is greater in a cup of coffee than in a cup of tea!

4. Amazingly, China is by far the largest consumer of tea in the world, drinking **1.6 billion pounds of tea in a year**. However, if we look at tea consumed per person, Turkey, Ireland, and the UK have the world's biggest tea drinkers!